The Buzz
Weekly Sports Report
From the Head of Sport

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**From the Head of Sport**

Congratulations and thank you to the many students, staff and families all involved in the first term of sport for Marist College Ashgrove. Success in sport can be measured in many ways from the number of premierships and wins throughout the season to the large numbers of participants we successfully manage to retain each year in our sporting programs. We undoubtedly have one of the largest sporting programs in the State and while it can be difficult at times to manage the number of students we have playing sport we pride ourselves on providing all students with the opportunity to play sport.

A sincere thank you to our coordinators of swimming (Mrs. Cath Geraghty and Mr. Doug Perrers), Cricket (Mr. James Metzeling and Mr. Ben Maddox), and Volleyball (Mr. Adam Knight and Ms. Kate Moore) for their great organisation and support of our sporting programs. Each of these staff members has demonstrated great passion and enthusiasm for their roles and we are fortunate to have such dedicated staff at our College.

**TERM 2 SPORT**

This is the final sports newsletter for the Term and contains important Term 2 training information for all students involved in Cross Country, Rugby and Football (soccer).

When we return from our holidays it is a very busy start to the term and therefore all students will need to be well organised to start training on their return to school.

All students are reminded to regularly check their school emails and the school website for information.

We hope that all families have a safe and enjoyable Easter holiday break and that all boys come back healthy and ready to go for Term 2 sport!

**HOLIDAY EVENTS**

Good luck to our Open Basketball team who will be participating in the Marist Basketball carnival in Sydney in Week 1 of Term 2 and our open Rugby squad who travel to Sydney during the holidays.

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**Upcoming Events**

**Rugby and Football**

Saturday 16th April – Rugby and Football Trial v St Laurence’s

Saturday 23rd April – Rugby and Football Trial v Iona

**Acceleration ESP Training**

For boys wishing to sign up for Acceleration training for Term 2, please click on this link [http://www.accelerationesp.com/enrolForm.cfm?form_id=4802](http://www.accelerationesp.com/enrolForm.cfm?form_id=4802)

To view the Acceleration training timetable for Term 2, please click [here](http://www.accelerationesp.com/enrolForm.cfm?form_id=4802).
Important Links

RUGBY
For all Cricket Information and Results, please visit the Ashgrove Rugby page on the College Website.

FOOTBALL
For all Volleyball Information and Results, please visit the Ashgrove Football page on the College Website.

CROSS COUNTRY
For all Cross Country Information and Results, please visit the Ashgrove Cross Country page on the College Website.

Cricket and Volleyball Points Tables

AIC Sport Website
The new AIC Sport website is updated weekly with points tables and results for each sport.

Individual Achievements

Congratulations to:

Seb Leavy who won Gold Medals in the 50m and 100m Breaststroke at the Queensland Secondary Schools Swimming Championships. In doing so, Seb set new Queensland Schools records in both events recording times of 30.56 and 1:05.93 respectively.

Daniel Meggitt who won a Silver Medal in the U12 Beach Sprint and a Bronze Medal in the U12 Beach Flag events at the recent State Surf Lifesaving Championships.

John Downes and Lachlan Tenison-Woods who have been selected to represent Queensland after their performances in the recent U/15 Junior Gold Cup rugby competition. John and Lachlan will travel down to Sydney to play against NSW on Saturday April 2 at Carbrook Grammar School and we wish them the very best of luck!
<table>
<thead>
<tr>
<th></th>
<th>MCMAHON (3:30-5PM)</th>
<th>CAMERON (3:30 – 4:45PM)</th>
<th>FLAT 7 (3:30 – 4:45PM)</th>
<th>FLAT 8 (3:30 – 4:45PM)</th>
<th>GPS FIELD 2/3 (3:30 – 4:45PM)</th>
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<tbody>
<tr>
<td><strong>MONDAY</strong></td>
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<tr>
<td><strong>TUESDAY</strong></td>
<td></td>
<td>1ST/2ND XV</td>
<td>U16 Trials</td>
<td>YEAR 5</td>
<td>YEAR 6</td>
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<tr>
<td><strong>WEDNESDAY</strong></td>
<td></td>
<td>1ST/2ND XV</td>
<td>15A/B Trials</td>
<td>Open Trials</td>
<td>YEAR 7</td>
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<tr>
<td><strong>THURSDAY</strong></td>
<td></td>
<td>1ST/2ND XV</td>
<td>U16 Trials</td>
<td>YEAR 5 (Morning)</td>
<td>YEAR 6</td>
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<td>YEAR 8</td>
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<td></td>
<td></td>
<td></td>
<td>YEAR 7</td>
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# Football Trial Schedule Week 1 Term 2

## Term 2 Football Trials Schedule (week 1)

*(subject to change)*

<table>
<thead>
<tr>
<th>Day</th>
<th>Hayden Oval</th>
<th>Flat 5 / 6</th>
<th>Mott St</th>
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<tbody>
<tr>
<td>Monday</td>
<td>Student</td>
<td>Free</td>
<td>Day</td>
</tr>
<tr>
<td>Tuesday</td>
<td>1st / 2nd squad Opens</td>
<td>Year 7</td>
<td>Unavailable</td>
</tr>
<tr>
<td></td>
<td>Year 9</td>
<td>Opens</td>
<td></td>
</tr>
<tr>
<td>Wednesday</td>
<td></td>
<td></td>
<td>Year 10</td>
</tr>
<tr>
<td>Thursday</td>
<td>1st / 2nd squad Year 10 (A/B)</td>
<td>Year 8 (C/D) Year 10 (C/D) Flats 5 - 6 Year 5 and 6 Flats 7 -9</td>
<td>Y 8 (A/B) Year 9</td>
</tr>
</tbody>
</table>

*Training times: 3:30 – 4:45pm unless otherwise indicated.*
CROSS COUNTRY LATEST:

Week 8 Training Schedule
-- Mon/Tue/Wed 14/15/16 March – meet 6.45am at the College Pool
-- Fri 18/3 – Friday Long Run – meet 6.45am (College Pool)
-- Sat 19/3 – Ashgrove parkrun – meet 6.45am (Ashgrove Sportsground)
-- Sun 20/3 – Flying Four – meet 7.45am (Ashgrove Sportsground)

Week 9 Training Schedule
-- Mon/Tue/Wed 21/22/23 March – meet 6.45am at the College Pool

Holiday Training Schedule
-- Thu 24/3 – Iron Bark Gully – meet 8.30am (College Bus Stop)
-- Fri 25/3 – Friday Long Run – meet 6.45am (College Pool)
-- Sat 26/3 – Ashgrove parkrun – meet 6.45am (Ashgrove Sportsground)
-- Sun 27/3 – Sunday Long Run – meet 7am (Ashgrove Sportsground)
-- Tue 29/3 – South Bank Parklands – meet 8.30am (College Bus Stop)
-- Thu 31/3 – Bunya Reserve – meet 8.30am (College Bus Stop)
-- Fri 1/4 – Friday Long Run – meet 6.45am (College Pool)
-- Sat 2/4 – Sandgate parkrun – meet 5.50am (College Bus Stop)
-- Sun 3/4 – Sunday Long Run – meet 7am (Ashgrove Sportsground)
-- Tue 5/4 – New Farm Park – meet 8.30am (College Bus Stop)
-- Thu 7/4 – JC Slaughter Falls – meet 8.30am (College Bus Stop)
-- Fri 8/4 – Friday Long Run – meet 6.45am (College Pool)
-- Sat 9/4 – Warner Lakes parkrun – meet 5.50am (College Bus Stop)
-- Sun 10/4 – Sunday Long Run – meet 7am (Ashgrove Sportsground)

For more info and to view the full season calendar, please visit our XC website: [http://www.marash.qld.edu.au/sport/cross-country](http://www.marash.qld.edu.au/sport/cross-country)

Parkruns

This season, parkruns are once again a priority – parkruns are free, timed 5km runs which takes place at 7am at various locations around Brisbane (also Australia and the world). The parkruns during term-time will always take place at Ashgrove Sportsground, Ashgrove – obviously, own transport will be required for these runs. However, on holidays, we will venture to new parkrun venues such as Sandgate, Warner Lakes, Wynnum, New Farm, Southbank and others – for these sessions, bus transport will be provided to and from the College. All parkruns are family-friendly so parents, siblings & even dogs are most welcome.

To participate in parkruns, you need to register your details through the website – the steps are as follows:

2. Fill our rego form: Follow the prompts and fill out the form with your details – where it asks you to select your ‘Running Club’, please choose Marist College Ashgrove. Where it asks for your ‘Home Run’ select Ashgrove (boys who have already registered can change theirs to ‘Ashgrove’ also).
3. Print off barcodes: Once registered, you will soon be emailed a page of six barcodes – please save this document and print it. You will need to bring one of these with you every time you run (these are scanned post-race and your time will be emailed to you later in the day). Note: If you would like me to laminate these for you, simply forward your barcode email through to me (websterp@marash.qld.edu.au) and I will organise this and return it to you. **If you ever lose your barcodes or forget your password, simply reset your password and then re-print your barcodes via the following link: [http://www.parkrun.com/resetpassword/](http://www.parkrun.com/resetpassword/)
### Rugby and Football Trials v St Laurence's and Iona

#### Marist College Ashgrove

**TRIAL V ST LAURENCE’S**  
**SATURDAY APRIL 16, 2016**

- Times and fields to be confirmed

#### Rugby

<table>
<thead>
<tr>
<th>Year/Age</th>
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<td>Years 5-8</td>
<td>Home</td>
</tr>
<tr>
<td>Year 9, U15, U16, Open</td>
<td>Away</td>
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#### Football

<table>
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<td>Away</td>
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#### Marist College Ashgrove

**TRIAL V IONA**  
**SATURDAY APRIL 23, 2016**

- Times and fields to be confirmed

#### Rugby

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#### Football

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